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Trauma Informed Practice Training

Please find below dates for this one-day (done in two half-days) interactive workshop for Partner Agency Staff to support the development of trauma-informed practice through increasing understanding of the prevalence, presentations and impacts of trauma, increasing understanding of trauma-informed approaches and exploring their application in practice.

Training objectives

To support the development of trauma-informed practice through increasing understanding of the prevalence, presentations and impacts of trauma, increasing understanding of trauma-informed approaches and exploring their application in practice.

Learning outcomes

In this interactive workshop participants will:

- Describe how to identify trauma
- Identify protective and risk factors
- Explain attachment theory and the trauma cycle
- Explain possible behavioural / psychological responses to trauma such as Personality Disorder, Eating Disorder, Promiscuity, Substance use etc
- ❖ Describe practical strategies for dealing with trauma including building trust, survivor partnerships, psychosocial therapies and medication

The dates and <u>TPD</u> codes are as follows (please note, participants would have to commit to both dates, as the course is completed in two half-days):

Date	TPD Code
03 and 05 Oct 2022 [10:00 - 13:00]	ASC/22/0504
12 and 14 Dec 2022 [10:00 - 13:00]	ASC/22/0507
21 and 22 Feb 2023 [10:00 - 13:00]	ASC/22/0505

Spotlight on... Tolerance to violence in Mental Health settings

A recent investigation into the care and treatment of a person following their arrest for attempted murder highlighted that the criminal justice system seemed to accept a higher level of violence among residents in mental health supported living than would be tolerated in other shared living arrangements.

This finding is supported by some recent Safeguarding Adult Reviews like <u>Harvey</u>, which highlighted that there appears to be a general acceptance of poor mental health (and often substance misuse) among the population of individuals living in supported housing projects. Incidents of interpersonal conflicts within this group are often not seen as unusual and could even be "expected".

These cases show a risk that unconscious bias among professionals and a general tolerance and desensitisation of conflict between service users may result in a lack of appropriate response to incidence of interpersonal abuse.

The Richmond and Wandsworth Safeguarding Adults Board would like to use this opportunity to highlight that violence in any setting is not acceptable and should not be tolerated.

We ask agencies and professionals to be aware of these risks and to highlight this issue with their staff.

London Modern Slavery Leads Annual Report 2020-21

The London Modern Slavery Leads Annual Report is now available to read.

In addition to providing an overview of the collective achievements of the London Modern Slavery Leads Network, this report includes information provided by each London borough on how they're responding to modern slavery, along with data insights from the Met Police.

This is the first time a detailed breakdown has been presented, which was only possible by every council contributing and the Met Police sharing their data. This unique picture will help identify areas where boroughs can work together to strengthen the response, and for monitoring progress each year. Please share the report with colleagues and partners.

Read the London Modern Slavery Leads Annual Report here



More support from the NHS for victims and survivors of sexual assault and abuse

Health service leaders are encouraging anyone who needs support to turn to the NHS at one of the country's 24-hour sexual assault referral centres (SARCs). SARCs offer confidential specialist, practical, medical and emotional support to anyone who has been raped, sexually assaulted, or abused – regardless of when the incident happened.

A new survey found two in five people aren't sure or do not know where to get help after being sexually assaulted, with 72% unaware there are NHS specialist sexual assault services who can offer confidential support. More than half of people who have experienced sexual assault also say they did not seek help afterwards.

This campaign comes as NHS England announces a £20 million funding boost for sexual assault and domestic violence services over the next three years, including enhanced support services for victims and survivors of sexual assault and abuse who have complex, trauma-related mental health needs.

More information on what help is available after rape, sexual assault or abuse can be found at

www.nhs.uk/SARCs.

You can find your <u>nearest SARC via the directory</u>.

Censuswide carried out a survey with over 4000 people between 4 January and 18th January 2022 – <u>results can be found on tier website</u>.

Further information on sexual assault referral centres:

People can contact a SARC to make an appointment or ask someone else to do this on their behalf. SARCs offer a range of services including crisis care, medical examinations, emergency contraception and testing for sexually transmitted infections. They can also arrange access to an independent sexual assault advisor, as well as referrals to mental health support and voluntary sector sexual violence support services. Sexual assault referral centres also have forensic medical examination facilities, should you wish to report the assault to the police or are considering doing this, once you've had time to consider your options.

New on website



<u>Escalation Policy</u> – guidance on how to resolve disagreements in relation to the London Safeguarding Adults Multi-agency Safeguarding Policy

RWSAB Business Plan 2022/23 - now available on the website

New website for Ukrainian refugees

A website from Unseen and Stop the Traffik has useful information for Ukrainian refugees arriving in the UK. It aims to help the refugees to stay safe in the UK and is a guide to help and support in the UK: https://ukrainianswelcome.org/en/

Participation and Feedback

Please submit short articles highlighting your or colleague's achievements or publicising planned events. We would also like feedback and suggestions on how we can make sure the newsletter is relevant and helpful. Please participate by emailing us at

sab@richmondandwandsworth.gov.uk with the subject line 'SAB Newsletter'.



Update from SAB Executive

The SAB Executive met on 24 May 2022. Jeremy DeSouza, who took over as Director of Adult Social Care and Public Health when Liz Bruce left, attended the meeting as the new Executive representative for the Local Authority. The Executive discussed updates around the NHSE Safe and Wellbeing Reviews, Post-Covid updates from statutory partners (staffing challenges and moving to 'business as usual' for all partners) and an update around the Local Elections results. The Executive heard updates from the sub-groups and discussed the Business Plan for the year. The budget and the risk log were discussed an updated. The Escalation Policy was signed off and the Terms of Reference for the RWSAB updated.

Performance and Workforce Subgroup



The Performance and Workforce Sub-group met on 13 June 2022. The quarterly Safeguarding data was collected from agencies, with no major

areas of concern highlighted by the data. A meeting has been arranged for later in June with Health colleagues on the Board, to discuss what useful Health data should RWSAB be looking at on a quarterly basis, to help highlight areas of interest and confirm continuous good performance around Safeguarding. A Substance Misuse and Self-neglect masterclass has been arranged for 20 September 2022 and a Homelessness learning event planned for February 2023. Performance dashboard is moving to Power BI, to provide more interactive use for partners. The sub-group agreed they would like more detail on the source of referrals, which can be provided by the Council's Performance team by categories of agencies (e.g., concerns received from Health, housing, community).

Communication and Engagement Sub-group



The Sub-group met on 11 May 2022. A separate meeting is arranged with Comms colleagues from both Boroughs and CCG

to discuss a more detailed plan for Safeguarding communications throughout the year. Some face-to-face events have started in communities and Sarah Loades is going to some to give out the Safeguarding Awareness presentation.

Richmond Community Forum scheduled to meet on 22 June 2022. Wandsworth Community Forum met on 20 April 2022 and heard updates from partners around safeguarding, particularly from London Fire Brigade around their extensive training of staff in Housing and Social Services re: fire awareness during visits to premises and a noticeable reduction in in accidental dwelling fires. WCF also discussed the Communications and Engagement Action Plan and possible avenues for better engagement with the public around Safeguarding.

Plans to re-imagine the structure of the SAB website are still underway.

Safeguarding Adult Review (SAR) Sub-group



The Sub-group met on 09 May and 06 June 2022. There have been no new referrals. The Terms of Reference of the Sub-group were refreshed and SWL St George's Mental Health Trust have been added as a regular member of the sub-group. Action plans from completed SARs are monitored and progressing, with 92% completed actions from 11 SARs. Agencies leading on actions are encouraged to ensure that activities around

their actions commence as soon as possible.

Published reports and 7-minute briefings for all SARs can be accessed via the website

